

SOLVED QUESTION PAPER OF COUNSELLOR

S.NO.	DESCRIPTION	ANSWER
Q.No:01	<p>A professor wants to investigate the behavior of shoppers in a mall clothing store, so with permission he sets up a hidden video camera to record the behavior of the shoppers. This is an example of what type of research?</p> <p>A) Experiment B) Longitudinal study C) Survey D) Naturalistic observation</p>	D
Q.No:02	<p>In an experiment, over a series of trials, food is paired with a loud noise. Later, the loud noise continues to occur but is no longer paired with food. This experiment is probably studying</p> <p>A) Extinction B) Case study C) Learned helplessness D) Taste aversion E) Reinforcement F) Encoding specificity</p>	A
Q.No:03	<p>Which of the following disorders supposedly involves a patient having multiple personalities?</p> <p>A) Bipolar I disorder B) Antisocial personality disorder C) Borderline personality disorder D) Schizophrenia E) Dissociative identity disorder</p>	E
Q.No:04	<p>Which of the following characterizes a child in the preoperational stage of cognitive development, as described by Jean Piaget?</p> <p>A) The child can solve high-level logical problems. B) Given long division, the child can solve a problem using a variety of strategies. C) The child cannot speak yet. D) The child can understand and produce language but can solve only simple logical problems. E) The child can perform conservation tasks</p>	D
Q.No:05	<p>Which of the following systems is responsible for the “fight or flight” response?</p> <p>A) Somatic nervous system B) Parasympathetic nervous system C) Sympathetic nervous system D) Limbic system E) Central nervous system</p>	C
Q.No:06	<p>After a head injury, a patient has experienced a range of problems including difficulty with muscle coordination and walking. Which of the following areas was most likely damaged?</p> <p>A) Thalamus B) Parietal lobe C) Amygdala D) Cerebellum E) Hypothalamus</p>	D
Q.No:07	<p>Which psychologist developed the first modern test of intelligence?</p> <p>A) Henry Murray B) Alfred Binet C) David Wechsler D) Sigmund Freud E) B.F. Skinner</p>	B
Q.No:08	<p>A teacher notices that one of her students is having extreme difficulty listening to directions, staying on task, and focusing. This child is potentially exhibiting symptoms of</p> <p>A) Schizophrenia B) Depression C) attention deficit hyperactivity disorder D) autism E) bipolar II disorder</p>	C

Q.No:09	According to Maslow's hierarchy of needs, creativity belongs to which of the following levels? A) Esteem B) Physiological C) Intrinsic D) Love and belonging E) Self-actualization	E
Q.No:10	Which test do psychologists use most frequently to assess students' developmental delays? A) Stanford-Binet Intelligence Test B) MMPI-2 C) The Wechsler scales D) Thematic Apperception Test E) IRT	C
Q.No:11	An example of a biological therapy is A) token economies B) operant conditioning C) electroconvulsive therapy D) classical conditioning E) insight therapy	C
Q.No:12	Which of the following correctly links a psychologist with a concept or theory that he developed? A) Jung: collective unconscious B) Skinner: structuralism C) Wundt: operant conditioning D) Freud: classical conditioning E) Piaget: clinical psychology	A
Q.No:13	Which of the following parenting styles tends to produce the most well-adjusted children? A) Indulgent B) Permissive C) Strict D) Authoritarian E) Authoritative	E
Q.No:14	Which of the following is commonly used to treat anxiety disorder? A) Morphine B) Benzodiazepines C) Chlorpromazine D) Risperidone E) Lithium salts	B
Q.No:15	One common method for treating addictions is A) aversion therapy B) electroconvulsive therapy C) psychoanalysis D) transactional analysis E) client-centered psychotherapy	A
Q.No:16	Drugs such as morphine are classified as narcotics. Which neurochemicals are these like? A) Endogenous endorphins B) Epinephrine C) Norepinephrine D) Serotonin E) L-dopa	A
Q.No:17	Patients with schizophrenia are known to experience all of the following symptoms EXCEPT A) delusions of grandeur B) disordered thinking C) inappropriate affect D) dissociative fugue E) catatonic episodes	D
Q.No:18	Physical symptoms that cannot be explained by a medical condition are most likely to be reported by those who have which of the following disorders? A) Dysthymic disorder B) Conversion disorder C) Obsessive-compulsive disorder D) Histrionic personality disorder E) Dissociative amnesia	B

Q.No:19	A teenager feels hungry whenever he sees his mother's car pulling into the driveway. This is most likely an example of A) latent learning B) classical conditioning C) operant conditioning D) secondary reinforcement E) observational learning	B
Q.No:20	Which of the following is NOT a manifestation of antisocial personality disorder? A) Disregarding social norms and laws B) Lacking remorse C) Lying continuously D) Withdrawing from others E) Risking the well-being of others for one's own benefit	D
Q.No:21	All of the following are characteristic of REM sleep EXCEPT A) muscle paralysis B) dreaming C) hypnagogic hallucinations D) similar physiology to a wakeful state E) increase in intensity toward the end of the night	C
Q.No:22	Which type of study can be used to determine whether a causal relationship exists? A) Case study B) Survey C) Controlled experiment D) Naturalistic observation E) Structured observation	C
Q.No:23	Which of the following is an example of a secondary reinforcer? A) Praise B) Food C) Water D) Sleep E) Shelter	A
Q.No:24	Which is correct: A) Calculation of monthly home budget through simple maths = Long term memory B) You remember eating banana in breakfast this morning = Semantic memory C) You are dialling the phone number you just heard = Short term memory D) You recall a day with your friends at college picnic = Episodic memory	D
Q.No:25	Melatonin regulates daily rhythms. Which endocrine gland secretes it: A) Parathyroid B) Hypothalamus C) Pituitary D) Pineal	D
Q.No:26	The deepest stage of sleep, during which we are least responsive to outside stimulation is: A) Stage 2 B) Stage 3 C) REM stage D) Stage 4	D
Q.No:27	If an ex-smoker is invited to participate in a training program on 'Quitting Smoking' so that he can use his past experience to help smokers, he will use which intelligence? A) Crystallized Intelligence B) Fluid intelligence C) Intra personal intelligence D) None	A
Q.No:28	Which of the following is a depressant? A) Alcohol B) nicotine C) LSD D) caffeine	A

Q.No:29	Which of the following is a hallucinogen? A) LSD B) Heroin C) Cocaine D) Morphine	A
Q.No:30	Heroin is a form of: A) Tobacco B) Poppy C) Datura D) Cannabis	B
Q.No:31	A set of physical symptoms that occur when a person stops or cuts down on the use of a psychoactive substance is called: A) Dependence B) Withdrawal C) Substance abuse D) None	B
Q.No:32	Hippocrates believed mental disorders were caused by an imbalance in four bodily fluids, known as the humors. Hippocrates' view is most consistent with the A) psychogenic model B) psychoanalytic model C) humanistic model D) somatogenic model E) cognitive model	D
Q.No:33	Fatima begins seeing a therapist, who encourages her to express her feelings openly. During the sessions, the therapist often echoes the ideas that Fatima expresses and always responds with acceptance and affirmation. Which of the following best characterizes this type of therapy? A) Client-centered therapy B) Group therapy C) Behavior modification D) Psychoanalysis E) Systematic desensitization	A
Q.No:34	The stage during which people typically dream is characterized by A) alpha waves B) beta waves C) delta waves D) rapid eye movements E) theta waves	D
Q.No:35	The cornerstone of relapse prevention as a modality of treatment for substance-dependent patients is: A) psychodynamic technique. B) 12-step group attendance. C) motivational enhancement. D) skills training.	D
Q.No:36	The most common DSM-IV axis II personality disorder demonstrated among persons with substance use disorders is: A) borderline personality disorder. B) narcissistic personality disorder. C) dependent personality disorder. D) antisocial personality disorder.	D
Q.No:37	In order for a patient to meet the diagnostic criteria for substance abuse, which of the following must be present? A) Physiologic tolerance to the substance B) Physiologic withdrawal from the substance C) Failure to attend to expected cultural role as a result of the substance D) Positron emission tomography findings of mesolimbic tract hyperactivity E) family history of addiction	C

Q.No:38	Which is another term coined for reinforcement? A). Reward B). Condition C). Response D).None of the above	A
Q.No:39	Name the tool used to assess the intensity of nicotine addiction? A) Fagerstrom test B) Urine nicotine levels C) CIWA-R D) COWAS	A
Q.No:40	Which of the following is the most widely abused illicit drug in the world? A. Alcohol B. Opiates C. Tobacco D. Marijuana	D
Q.No:41	Most common type of obsession? A.Blasphemous B. Sexual C. Contamination D. Doubts	C
Q.No:42	The cannabis preparation with maximum THC concentration is? A. Flowering top B. Hash oil C. Root of the plant D. Burnt cannabis	B
Q.No:43	Number of total cards in Rorschach's inkblot test is A.10 B. 5 C.20 D. 15	A
Q.No:44	According to National Survey on Extent and Pattern of Substance Use in India 2018 by NDDTC approximately how many individuals in India require treatment for Cannabis Use problems? A) 10 Lakh B) 72 Lakh C) 1.8 Crore D) 2.9 Crore	B
Q.No:45	Thomas Szasz, Giorgio Antonucci, R. D. Laing, Franco Basaglia , David Cooper - with which of the following do associate these names? A) Discovery of Depot antipsychotics B) Antipsychiatry Movement C) Nobel prize D) Biological treatments in psychiatry	B
Q.No:46	Mental status examination includes all of the following except A) Psychomotor activity B) Temperament C) Perception D) Judgment	B
Q.No:47	Illusion is related to abnormality of A) Thinking B) Perception C) Memory D) Judgment	B
Q.No:48	Which of the following is not a mature defense mechanism? A) Anticipation B) Altruism C) Suppression D) Displacement	D
Q.No:49	Which of the following is a cluster - A personality disorder ? A) Dissocial B) Depend C) Schizotypal D) Borderline	C
Q.No:50	Which of the following is a specific treatment for borderline personality disorder? A) Rational Emotive Therapy B) Dialectical Behavioral Therapy C) Exposure and Response Prevention D) Systematic Desensitization	B
Q.No:51	A person who believes that the television news anchor is talking to him is suffering from A) Delusion of grandeur B) Delusion of reference C) Undifferentiated schizophrenia D) Catatonic schizophrenia	B

